



OGDENSBURG FREE ACADEMY

**OGDENSBURG CITY SCHOOL DISTRICT
ADULT/CONTINUING EDUCATION PROGRAM
(Activities Information Sheet)
FALL 2019**

Ogdensburg City School District has announced the class offerings for the Fall semester of the Adult/Continuing Education Program.

Adult/Continuing Education Classes are not designed/suited for high school students or young children.

Please be advised...when school is not in session, Adult/Continuing Education classes will not be held.

For inquiries or to register, any adult who would like to participate in any of the classes listed below may contact the OFA High School office at (315) 393-0900, ext. 31997. Please remember to register for the class **prior** to the start date(s) listed.

Whether a class is offered is contingent upon the level of interest; there must be a minimum number of students registered before a specific course may be held. If a course is not held, due to a lack of interest/low number of students, those who have already registered will be notified prior the start date of the respective class.

The fee for each course is denoted. Each participant will be required to make payment in-full, to the instructor, on the first day of the corresponding class.

EVENING SWIMMING – Supervisor: Jackie Pinkerton

The Adult/Continuing Education **Evening Swim** (lap swimming) class is offered at the Ogdensburg Free Academy Pool on Tuesday and Thursday evenings; 7:00-8:30 p.m.

Adult Evening Swim will begin on Thursday, September 5, 2019 and end on Thursday, December 12, 2019.

FEE: \$35.00 (semester)

FEE: \$3.00 (single swim)

EARLY-BIRD SWIMMING – Supervisor: Dave Murray

The Adult/Continuing Education **Early-Bird Swim** (lap swimming) class is offered at the Ogdensburg Free Academy Pool on Monday, Wednesday and Friday mornings; 5:30-7:00 a.m.

Adult Early-Bird Swim will begin on Friday, September 6, 2019 and end on Friday, December 13, 2019.

FEE: \$40.00 (semester)

FEE: \$3.00 (single swim)

BADMINTON – Supervisor: JoAnn McAllister

The Adult/Continuing Education **Badminton** class is offered at the Madill School Gymnasium on Monday, Wednesday and Thursday evenings; 7:00-9:00 p.m.

Adult Badminton will begin on Monday, September 9, 2019 and end on Thursday, December 12, 2019.

FEE: \$35.00 (semester)

WALKING – Supervisors: Debbie Mitchell and Lisa Allen-Bjork

The Adult/Continuing Education **Walking** class is offered at Ogdensburg Free Academy on Monday, Tuesday, Wednesday, and Thursday evenings; 6:00-7:30 p.m. **Please stop in the Health Office (first floor, room 100) when you arrive.**

Adult Walking will begin, *coinciding with the end of "Daylight Savings Time"*, on Monday, November 4, 2019 and end on Thursday, January 16, 2020.

FEE: \$15.00 (one semester)

FEE: \$25.00 (both semesters)
